



2022 MILLIKAN DUALS

Friday & Saturday December 2 and 3, 2022



Coaches,

The Millikan Duals will give you an opportunity to bring all your wrestlers to one location for early season “mat time”. You are able to alternate wrestlers on their designated team/level, varsity or JV. **Honor System (Home) Weigh-in.**

Tournament Information

14 duals for each school entered, 7 varsity duals and 7 JV duals.

Team Entry Fee: \$450 for both teams or \$300 varsity only/\$280 JV only

Location: Millikan HS Gym, 2800 Snowden Ave, Long Beach, CA 90815

Weigh-ins: Friday 2:00 – 3:00 pm

Weights: 108, 115, 122, etc. (2 lb. allowance)

Wrestling: Friday 4:00 pm to completion of first three rounds

Saturday 9:30 am to completion of the tournament

Awards: 1st, 2nd, & 3rd place team trophies and 1st, 2nd, & 3rd place individual medals (medal given to record of the weight class)

Payment: Make checks payable to:

Millikan HS Wrestling
2800 Snowden Ave
Long Beach, CA 90815

Please return contracts to and direct all questions to Coach Blake Lovato at 337-412-0993 or email at BLovato@lbschools.net

“WE TRAIN TO BE CHAMPIONS”