



2022 Millikan Shoot for the Muon Memorial



Saturday December 17, 2022

Coaches,

We are hosting a Girls Varsity Tournament to honor the memory of one of our Coaches who passed away in December of 2020. Coach Phiom “Peeh” Muon was passionate about teaching, mentoring and coaching the sport he loved; Wrestling. He touched so many lives dedicating his time as a volunteer coach and promoting wrestling throughout Long Beach.

Tournament Information

Varsity Girls 16/24-Woman Brackets depending on number of entries.

Team Entry Fee: \$300 per team (up to 16) or \$30 per wrestler

Registration: Link to google form will be sent out via email to coaches that have sent in signed contracts.

Seeding: Pre-Seeds will be based on registration information received prior to the tournament day. Final seeds will be discussed/challenged during the coaches meeting at 8:45am.

Location: Millikan HS Gym, 2800 Snowden Ave, Long Beach, CA 90815

Weigh-ins: Saturday 7:00 – 8:00 am

Weights: 103, 108, 113, etc. (2 lb. allowance)

Wrestling: Starts Saturday 9:30 am to completion of the tournament – 6 Mats

Awards: 1st, 2nd, & 3rd place team trophies and 1st, 2nd, & 3rd place individual medals. Upper, Middle, and Lower weight MVP Awards. Champion of Champions Award.

Payment: Make checks payable to: Millikan HS Wrestling

Please return contracts to and direct all questions to Coach Blake Lovato at 337-412-0993 or email at BLovato@lbschools.net

“WE TRAIN TO BE CHAMPIONS”