



# “Queen of the Lake” Girls Wrestling Tournament

held at Eastlake High School: 1120 Eastlake Pkwy, Chula Vista, CA 91915



**This tournament is part of the South Bay Girls Wrestling Triple Crown Series. Any individual that places first at Olympian (12/17), Eastlake (1/7), and Mar Vista (1/14) will be awarded the “Grand Champion” award.**

- Date:** Saturday, January 7th, 2023
- Entry Fee:** \$250.00 per team or \$30.00 per girl if payment is received by 12/17/22. **If payment is received after 12/17/22 it will be \$300 per team or \$40 per girl.** Make all checks payable to Eastlake GIRLS Wrestling and mailed to Eastlake High School. Spectator admission fee will be \$5, \$4 for students and seniors (cash only).
- Signups:** To sign up for this event, coaches must [fill out this Google form](#).
- Registration:** To register your athletes, you must fill out a Google spreadsheet. The deadline for this is Wednesday, January 4th at 9:00pm. The link to this spreadsheet will be emailed to all coaches on Sunday, January 1st. You must register all members of your team by the deadline in order to be in the tournament. We will not accept walk-ups, your team must be registered ahead of time.
- Schedule:**  
8:00am: weigh-ins (in the girls PE locker room)  
9:00am: coaches meeting (in the wrestling room)  
10:00am: wrestling begins  
**\*There will also be a seeding meeting on Thursday, January 5th from 8:00pm-9:00pm, it will take place virtually via Zoom. One coach from each school must attend.**
- Weights:** Official CA girls scratch weights.
- Format:** 16 man bracket (double elimination) for all varsity brackets. There will also be novice brackets created for any weight classes that have enough girls. All novice matches will be round robin format and run on 2-1-1 period format (2 minutes/1 minute/1 minute). Finals for varsity brackets will be done on two mats under our spotlights.
- Awards:** Awards will be given to the top 4 individuals in each varsity bracket. Novice brackets will medal the top 3 in each bracket. Team awards for top three varsity teams.
- Concessions:** Snack bar will be open all day (cash only). Free lunch for coaches.
- Contact:** Tournament Director: DJ Mancillas  
[daniel.mancillas@sweetwaterschools.org](mailto:daniel.mancillas@sweetwaterschools.org) 619-861-5747 (cell)